

L.F.H

# *Summer Holidays*

## ACTIVITY GUIDE

5th July - 2nd September



Fowey  
Hall

CORNWALL

## FOUR BEARS DEN SCHEDULE

Supervised Den sessions, pre-booking required. Subject to availability.

MONDAYS

Messy Mondays	9.30-11.30am	3mths-8yrs
Herb Planting £2 each	1-2pm	All ages
Messy Mondays	2.30-4.30pm	3mths-8yrs

TUESDAYS

Story Seekers	9.30-11.30am	3mths-8yrs
Seaside Craft Café From £2	1-2pm	All ages
Story Seekers	2.30-4.30pm	3mths-8yrs

WEDNESDAYS

Wednesday Wiggles	9.30-11.30am	3mths-8yrs
Family Scavenger Hunt	1-2pm	All ages
Wednesday Wiggles	2.30-4.30pm	3mths-8yrs

THURSDAYS

Little Fowey Chefs	9.30-11.30am	3mths-8yrs
Biscuit Decorating £2 each	1-2pm	All ages
Little Fowey Chefs	2.30-4.30pm	3mths-8yrs

FRIDAYS

Arty Bears	9.30-11.30am	3mths-8yrs
Memory Jars £5 per jar	1-2pm	All ages
Arty Bears	2.30-4.30pm	3mths-8yrs

SATURDAYS

Time to Party	9.30-11.30am	3mths-8yrs
Nature Craft Café Prices from £2	1-2pm	All ages
Time to Party	2.30-4.30pm	3mths-8yrs

SUNDAYS

Silly Science	9.30-11.30am	3mths-8yrs
Sunday Chill Out on the Lawn	1-2pm	All ages
Silly Science	2.30-4.30pm	3mths-8yrs

## SOMETHING FOR THE OLDER ONES

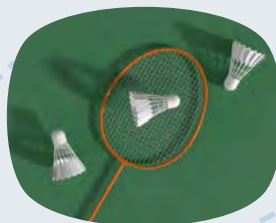
19th July - 31st August

These activities are for ages 8+

The children will be entertained but can come and go as they please so must know where you are at all times.

(Parents must remain on site)

To book activities please email  
thefourbearsden@foweyhallhotel.co.uk



### BADMINTON TOURNAMENT

Mondays | 6pm-7pm



### FOOTBALL SKILLS

Wednesdays | 6pm-7pm



### PIYAMA PARTY MOVIE NIGHT

Thursdays | 7pm-8.30pm



### SILENT DISCO

Tuesdays, Fridays & Sundays  
6pm-7pm



### QUIZ NIGHT

Saturdays | 6pm-7pm



## ACTIVITIES FOR EVERYONE

Grown ups encouraged to join in too! These are not supervised activities. To book activities please email thefourbearsden@foweyhallhotel.co.uk

### Marks Ark Animal Experience

Enjoy an immersive, hands-on animal experience with Mark!

Mondays 21st July - 25th August  
1pm - 1.45pm | 2pm - 2.45pm  
All ages welcome  
£20 per family

### Chocolate Factory

Come and create your own chocolate yumminess!

Tuesdays  
12.30pm - 2pm  
Ages 3+  
£8 each



### Busy Beacher's

Join the Den to stroll down to Readymoney Cove to learn about the Cornish Coastline through fun and games.

Wednesdays | 12.30pm - 1.30pm  
Ages 5+  
(1 Adult must attend)  
£10 per child



### Pizza Pop Up

Feeling creative and peckish? Why not create your own child size pizza to enjoy for lunch.

Thursdays  
12.30pm - 2pm  
£10 per pizza



### Fowey Artists

Whether you are a seasoned artist or wanting to learn a new skill, join Debbie for a watercolour workshop!

Fridays | 12.30 - 2pm  
Ages 8+  
£20 per person

### Mocktails

Why not create your own mocktail with our team to enjoy in the sun.

Saturdays  
12.30pm - 2pm  
All ages welcome  
£8 per mocktail

### Jewellery Workshop

Create a keyring ready for your school bag, or a beautiful bracelet.

Sundays  
12.30pm - 2pm  
Ages 5+  
£5 per item



Cancellations made within 24hrs will still be charged.



# MAKE THE MOST OF YOUR STAY

## Marshmallow Toasting

Every day 4.45pm - 5pm  
outside the Den

Weather dependent.



## Story time with milk & cookies

Every day at 5pm  
in the Library

Please let the team know of any allergies or dietary requirements.



## Family play sessions

Every day 7am - 9am  
& 5pm - 7pm

Please note these are unsupervised sessions.



## Baby sitting

For a supplementary fee, you can also book babysitting services.

It is recommended that babysitters are booked as far in advance as possible. Sitters are generally available from 6pm to midnight, but we will do our best to accommodate last-minute or daytime requests.

All sittings are subject to the availability of our sitters.



## Swimming pools

Indoor Pool open: 8am - 8pm

Outdoor Pool open: 10am - 6pm

Please note there are dedicated adult only indoor swim sessions from 8am - 9am and 3pm - 4pm.

## Cinema Club

Join us for daily films in the cinema room.

1pm, 3pm, 6pm & 8pm



Grab yourself some popcorn at either of our two evening showings.

## Buckets & Spades

Heading to the beach? Help yourself to a bucket and spade by the front door, they're there for you to borrow!

Please see reception for crab bait for the crab lines.



## FOWEY HALL SUMMER SPECIAL

### Bird Lady of Fowey

Owl Experience sessions:  
Enjoy an hour with my owls, learning about them and observing their individual behaviours.

There will be some craft activities with an owl theme too.

You will have plenty of opportunity to ask questions and take photographs to treasure.



### Tuesdays

11.30am - 12.30pm

22nd & 29th July

5th, 12th, 19th & 26th August

**£10 per child**