

New Park Manor

NEW FOREST

Pamper Days

MORNING RETREAT

- 55-minute treatment
- Use of facilities 10:00 - 14:00
- One-course lunch

£99 per person Monday to Friday

£105 per person Saturday & Sunday

AFTERNOON INDULGENCE

- 55-minute treatment
- Use of facilities 14:00 - 18:00
- Cream tea

£99 per person Monday to Friday

£105 per person Saturday & Sunday

RELAX & RECHARGE

- 55-minute treatment
- Use of facilities 10:00 - 18:00
- Two-course lunch or full afternoon tea

£145 per person Monday to Friday

£150 per person Saturday & Sunday

ALL ABOUT YOU

- 55-minute facial treatment
- 55-minute body massage treatment
- Use of facilities 10:00 - 18:00
- Two-course lunch or full afternoon tea

£240 per person Monday to Friday

£245 per person Saturday & Sunday

TREATMENT UPGRADE

Upgrade your 55-minute treatment to one of the following options for £15

PRECIOUS MOMENTS FOR MUM TO BE

- 55-minute precious pre-natal massage
- Two-course lunch or full afternoon tea
- Use of facilities from 10:00 - 18:00

£145 per person Monday to Friday

£150 per person Saturday & Sunday

TWILIGHT TREAT

- Full afternoon tea on arrival
- Use of facilities from 16:00 - 20:00

£70 per person Monday to Friday

£75 per person Saturday & Sunday

SOMADOME & SPA

- 20-minute somadome session
- Use of facilities for 4 hour period
- Smoothie on arrival
- One-course lunch

£55 per person Monday to Friday

£60 per person Saturday & Sunday

55 MINUTE TREATMENT OPTIONS

- ishga Marine Back Treatment
- ishga Face & Body Experience
- ishga Rejuvenating Facial
- ishga Nourishing Body Wrap

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- Deep Tissue Massage
 - Hot Stone Massage
 - ishga Anti-Ageing Facial
 - Detox Body Wrap